

The map displays the administrative divisions of Poland, with regions color-coded: Pomorskie (pink), Wielkopolskie (orange), Łódzkie (yellow), Świętokrzyskie (light green), Mazowieckie (light blue), Lubelskie (light purple), and Śląskie (light red). Major cities are marked with red dots, and smaller towns with blue dots. The map also shows the Baltic Sea to the north, the Gulf of Gdansk, and neighboring countries: Germany to the west, Lithuania to the north, Belarus to the east, Slovakia to the south, and the Czech Republic to the southwest. A detailed inset map in the bottom left corner focuses on the Muszyna and Krynica-Zdrój region, showing various hydrogeological points (e.g., Żegiestów INEX, Żegiestów-Zdrój Główny, Muszynianka III) and administrative boundaries. The inset map includes labels for specific locations like Muszyna, Krynica-Zdrój, and Wapienne, as well as various hydrogeological points and administrative boundaries.